

DISCUSSIONS

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Extreme behavior: prerequisites for high risk of developing terminus syndrome (analytical literature review)

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ABSTRACT

Background. The quantity of literature sources that define risky behavior as an increasingly important psychological problem of life priorities and values among adolescents and young people has increased recently. In this regard, of particular interest are the factors associated with high-risk behavior and potential threats to life safety, supported by explanatory video instructions posted for broadcasting in Internet chats. **Objective:** to study and analyze the trends in the loss of meaning in life and control over oneself, ignoring adverse consequences in situations of potentially fatal risk, denial of danger, a tendency to humiliating behavior towards others as challenges of modern society. **Method.** To collect literature data based on evolutionary theory, with comments on psychoactive substance users, seekers of abnormal mental experience in Internet portals, the following databases were used: Google Scholar, ResearchGate, Scopus, EMBASE, Cochrane Library. **Results.** The collection of information materials provided a wealth of factual data on behavioral patterns consistent with our proposed concept of terminal syndrome. It is obvious that the existence of a special tendency to self-destruction and exposing oneself and others to reckless and unreasonable risk and violence among adolescents and young people and the urgent need for psychocorrectional work should become one of the main tasks of practical work of psychiatrists and psychologists. **Conclusion.** Within the framework of the evolutionary development of the psyche and evolutionary psychological mechanisms, the following types of risky behavior are considered: violence, alcoholism, risky sexual behavior, self-harming behavior, body modification through piercing, tattoos, socially dangerous behavior, extreme selfies, harm to health, sensational message about suicide in Internet streams, debt obligations, extreme relief from suffering. These behavior patterns, based on senseless risk-taking and indifference to immediate or long-term consequences of threats and serious attempts at self-harm, are widespread among adolescents and young adults and are associated with their inherent personality and age characteristics: arrogance, the desire for self-affirmation and self-elevation above others, a tendency to risk and protest, emotional instability. In the context of the article, terminal syndrome is understood as final, preagonal, agonal, post-prognostic, extreme, culminating, terminative, limiting, concluding, last.

Keywords: teenagers, postmodernism, risky behavior, aggression, new cults, new/wrong/missing mythology, hacking, extreme body modification, postmodern identity, alcohol and drug use, extreme sports, abortion rights forums, online suicides and murders.

INTRODUCTION

Definition of post-modern culture

The post-modern culture is a spreading global production; it is consumed by societies that have

taken place after the fall of the two East and West blocks, built up after the Post-WWII. This kind of society can be defined as "post" because it has been impossible to find another equally appropriate term. One refers to post-modern society as an organized and collective social structure subject to

the flows. The flows have disrupted the modern structures (Bauman's "liquefaction") and forge new forms and new trends, expecting a new order. Most post-modern flows are information, technology, market, demographic, and economic ones [22].

From the great narratives' crisis to no-mythology.

Hitherto, post-modern culture has not been able to create new unifying mythology that can replace the concrete and practical inactivation of the great narratives of the 20th century. The consequences of this deadlock are several. The post-modern population is still in an economic and market transit.

This shaky transit is about the western population and several emerging countries. Generally, human populations, directed by globalization, do not seem to have a stable idea of a shared context. This paper deals with a consequence of the lack of containment boundaries of the post-capitalist and liberal market. Collectivities and groups do not equally receive any useful information regarding the complexity of the surrounding global dynamics. In this scenario, people thrive on partial, warped, manipulated, egocentric, and frequently idealistic models, derived from the lack of a common plot. This world-spread phenomenon can be defined as "no-mythology." At worst, no-mythology could produce a shallow disclosure, used as uncritical guidelines for human beings. Above all, we noticed a feeling to have risky consequences, to recklessness and impulsive drives, the mix of ignorance and selfishness, context linked reactions. This condition could lead vulnerable people and groups to a "terminus syndrome".

Definition of terminus syndrome

The "terminus syndromes" are phenomena characterized by superficiality towards some potentially dangerous behaviors for themselves and others. The label "terminus syndrome" has been chosen because it is directly referred to as a potentially lethal condition. A terminus syndrome suffering person might experience feelings, thoughts, and behaviors as extreme, immediate, immersive, and context-related. We understand these dangerous behaviors as part of post-modern culture. Terminus syndrome is indeed the "terminus" of the consumer's life: death's consumption, (the last, extreme, consumption act) and its advertisement.

OBJECTIVE OF RESEARCH

This paper explores and analyses terminus syndromes in web researches, as the web is the place where people end up putting these short narrations.

MATERIALS AND METHODS

The web searching engines used are Google, Google Scholar, ResearchGate, Scopus. We reviewed all papers available on PubMed, EMBASE, The Cochrane Library until January 2019. We focused on factors affecting young people.

RESULTS

Dangerous behavior by categorization

The evolutionary meaning of any risky behavior ultimately depends on the tradeoff between costs and benefits with respect to the fitness of the organism. According to the developmental psychopathology model, risky behaviors depends on endogenous neurodevelopmental problems. The evolutionary model argues that at the basis of many risk behaviors of adolescents there is the drive to dominate the social hierarchies to be adaptive [28]. However, these principles are not the only one applicable. We believe that communication and market phenomena are also involved in the risk-taking in terminus syndrome. These syndromes are generated by the combined action of adaptive responses to postmodern narratives, mass communication phenomena and particular ways of consuming images. Terminus syndromes include behaviors characterized by superficiality, more or less deliberated or conscious exposition to the inherent risk, collective disclosure sensibility, and a typical consumer approach, (receipt, comprehension, answer), to respond to implicit controls from the opaque/dull stimuli. Every consumption is context related.

Superficiality: Terminus syndromes do not foresee this kind of activation, and it develops an irresponsible and superficial response, even intentionally reckless and disinterested, characterized by foolhardy, impulsive, or irrational responsiveness. **Deliberated risk exposition:** means the neglect for the possibility to develop severe consequences induced by hazardous behaviors.

Collective disclosure sensibility and a typical consumer approach: these syndromes are driven by the market as if they were a product to test. They are distributed by information technology through the net, chat rooms, forums, YouTube channels,

social networks, (Facebook, Periscope, WhatsApp groups, Instagram, Snapchat, etc.).

Implicit controls from opaque stimuli: are pressures that are not easily distinguishable by the consumer. In general, opaque stimuli should activate a rational response, characterized by high vigilance, suspicion, mistrust, caution, meaning researching, and possibly an alert status responding to the contingent danger and the consequence of risk-adjusted behaviors. When affected by terminus syndrome, an alert is not activated, whereas an attraction to what is called opaque is tempting.

Context-dependent/related means a peculiar condition expressed in a system of three-axis parameters: space, time, and information, in which exists one specific stream of implicit controls that polarizes vulnerable or sensitized individuals/persons to perpetrate hazardous, risky, harmful, compromising, or destroying behaviors/actions, in other words: terminus.

Some of these conducts are specific traits that can encompass what we intend for terminus syndromes:

Alcohol and drug abuse, Internet influence, self-harm, extreme body modifications, hazardous conducts, extreme sexual exploration, clashes with other people/brawls, explicit and sensationalizing online/streaming suicide message associated, exposed indebtedness, extreme catharsis related risks. [18].

Alcohol and drugs risks approach

Extreme alcohol and substance abuse [40], a reckless consumption in a short timeframe. Prescription drugs misuse and lethal combo. Web hazardous challenges, linked to some risk-taking behavior, (es. neknomination) [60], as assuming substances with strangers, in an unknown context. Nor a safety zone and neither an escape strategy. An altered state of consciousness seeking.

Modality: Drug and alcohol abuse, binge drinking, prescription drugs misuse, web challenges [55] (neknomination, the cinnamon challenge, choking challenge, party and festival abuse, "on holiday" alcohol and substances abuse, forum pro abuse, risky sexual behaviors, self-harm behaviors, balconing, etc.). In this context, we can report both the use of novel and potentiated traditional substances, mainly affecting adolescents and young adults.

Why is it a terminus syndrome? This kind of substance and alcohol assumption doesn't target addiction searching but aims to explore context linked to altered states of consciousness. (post-

modern bubble). Heavy alcohol consumption is massively proposed through social networks and WhatsApp groups, conveying the message of unregulated and ruthless use. The purpose is experimenting and testing, grandstanding, and obtaining popularity in the virtual world. [4, 5, 14, 20, 26, 36, 38, 48, 57, 55, 60].

Internet contagion risks

Browsing potentially dangerous and damaging websites, such as the dark-web and the deep-web, to get inspiration. The phenomena are purely observed in preteens and adolescents who suffocating in boredom and lacking inner structure, are constantly looking for fame, followers' likes, and web approval.

Modality: Risk challenges: neknomination, binge drinking, Dutch tape, Kylie Jenner, salt and ice, choking, fire, tide pod, Russian roulette, alcohol and drugs abuse, self-harm behaviors, sexting, hazardous sexual behaviors, extreme body modification, cyberbullying, pro-suicide forums, and groups. [3, 4, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20]. Those groups share with online/streaming suicide some type of mass-murders. There are sites on the web, blogs, and comics about massacre and suicide. Such sites propose emulation of mass murder behaviors (the Columbiners), terrorism, or suicide.

Why is it a terminus syndrome? Young people watch tutorial videos to have instructions on how to go into terminus syndromes peculiarities. Dangerous and foolish actions are attractive; there's a constant web's approval-seeking, (context linked). The internet influence risk phenomena take up the core of the terminus syndromes because the world web is the communication array of plenty of syndromes. Young people browse unsecured and dangerous websites, surfing the dark web, exposing themselves to many risks. Finding corrupted, prohibited, or potentially lethal information could lead to emulations or hazardous and consequent risk-taking behaviors.

Self-harm risks

Definition: Self-harming is an attempt at challenging pain and body constrictions. The body is a limit to transcend, the new way to be part of the pack.

Modality: Web challenges: neknomination, Russian roulette game, chocking, salt and ice, fire, Dutch tape, Kylie Jenner challenge, "Columbine" emulations. [2, 17, 24, 27, 49, 51, 53].

Why is it a terminus syndrome? Self-harming influenced and linked websites are a relatively new phenomenon that is hard to fathom because it is related to a certain kind of borderline behaviors, balanced between market laws and illegality, and various non-specific dangers.

Due to the new approach, this phenomenon has some peculiarities. Those hazardous behaviors lead to difficult comprehension. There are still few signs and proper instructions to follow, and it can be easy to miss them with ordinary study tools.

Extreme body modifications

Definition: An attempt to fill the void of a purposeless and empty life, after the falling and the collapse of the status of human beings and the great narratives. Young people would like to annihilate themselves, while adults are trying to reinvent their identity.

Modality: extreme body modification, vampirism [19], extreme tattooing, (e.g. eyeball tattooing), facial scarring, elf ears modification, “crocodile” and Sudanese scarifications, magnetic finger implants, bifurcated penis and tongue, subdermal implants, three-dimensional tattoos, flesh tunnels, body hacking, and more. [17, 19, 25, 32, 33, 35, 37, 46, 47, 50, 54, 58, 59].

Why is it a terminus syndrome? The transhuman community, body-hacking groups, and the esthetical philosophy promote and sustain extreme body modifications that are a kind of experimentation. That is an attempt to enhance and test their bodies and their skills. The juvenile undergrowth needs a new perspective and a different point of view, even if the taken approach is mostly feckless.

Hazardous conducts risks (extreme sports, challenges)

Definition: Spasmodic attempts to increase self-esteem and test their physical limits.

Modality: On practicing extreme sports and behaviors as killer and daredevil selfies, (hanging on a mountain peak, on a railway while the train is coming, on a waterfall, in the middle of a violent storm, etc.); these activities are perceived and pursued as dangerous and thrilling. Among the web risk challenges: Dutch tape, balconing, salt and ice, fire, the cinnamon, Russian roulette, choking, eraser, etc. [4, 5, 6, 36, 40, 53, 55, 57, 60].

Why is it a terminus syndrome? Testing their skills and attempting dangerous pointless challenges. It is a peculiarity of this kind of hazardous ex-

positions, encouraged by the anonymous web audience, or through the approval rating system; the targets could be several: the need of expressing and exposing themselves, testing their limits towards achieving adrenaline pleasure, trying to heal or looking for something new. Not to mention the constant exposition to the stimulus that determines the development of a kind of tolerance.

Extreme sexual exploration risks

Definition: The lack of self-esteem, along with the peer pressure of their social group, is why a high percentage of young people accept any kind of humiliation, giving in and accepting everything.

Modality: Extreme behaviors, as “unknown sexting” [41], unprotected sex, HIV Russian roulette, bug chasing, excessive promiscuity, are highly performed by teenage and preteen girls [13, 24, 42].

Why is it a terminus syndrome? Sexual experimentations are a kind of post-modernity’s market. Sex appears as a form of sensitivity, aiming at evaluating the surrounding world. This result comes from all the TV shows and pervades the market’s ratios. By ignoring the legality, pleasure, and sexuality limits, they tend to be careless about the consequences of their actions and the potential dangers they may cause to themselves and others.

Risks on clashes with other people

Definition: Boredom, desensitization to violence, unexpressed emotional pain.

Modality: Violent challenges and behaviors: group sexual harassment, fights, bullying, online/streaming homicides, and aggressive behaviors [3, 7, 11, 22, 31, 39, 42].

Why is it a terminus syndrome? The ongoing fighting to annihilate the others’ will or to damage their identities is a peculiarity of this terminus syndrome. It takes place in an unaware and sneaky way. These behaviors are fruitless and without any purpose. The victim doesn’t even know why they perform these actions.

Explicit and sensationalizing online/streaming suicide message associated

Definition: Spasmodic search for morbid contents, web approval, and acceptance. The death has to be shown and shared.

Online and streaming suicide, pro-choice and pro-suicide forum, web-groups, (dark web and so-

cial networks as Facebook, Snapchat, and Periscope.) [2, 10, 22, 28, 30, 38, 43].

Why is it a terminus syndrome?

Suicide ratios should add the petty suicide reasons. Frequently, anticonservative acts take inspiration from a sense of dissatisfaction, boredom. They imitate what they see from TV shows and movies, due to the lack of post-modern narratives. This phenomenon is context linked. It seems that these people did not have developed any survival instinct, patience, will, or ability to accept the surrounding reality.

Exposure to debt risk

Definition: The compulsivity to obtain more and more wealth, climbing the social ladder for a false gratification status and fulfillment.

Modality:

Compulsively buying, pretending to be rich, due to toxic social role model suggestions [1, 23, 44, 52, 61].

Why is it a terminus syndrome?

Getting into debt is real post-modernity cancer. The bank system and the institution of financial loans invented and established a new kind of lifestyle, a false prosperity concept. Legal gambling, (slot machines, video poker machines, and other online betting activities) sustain this new tendency. Some modalities of getting into debt are as simplistic and widespread as risky and damaging for themselves and their families.

Extreme catharsis risks

Definition: These behaviors fulfill the requirements of a new identity searching. They are a substitute for the vacuum and respond to the need for reaching and exercising power.

Modality: Extreme body modification, sexual harassment, risky sexual behaviors, mutilations, self-harm behaviors, sect affiliations. Humiliation and degradation of self-esteem. Cannibalism and vampirism [15, 19, 55] are an extreme consumption form. Human beings have become products [37], to incorporate, absorb and discharge. It concerns the "White supremacy" phenomenon [15], resulted in thriving fantasy literature for preteens and adolescents (e.g. Stephenie Meyer's saga, "The vampire diaries" TV series, etc.).

Why is it a terminus syndrome?

Encouraged by opaque stimuli, they constantly look for wellbeing and struggle to find some peace. They need some devices to handle stress, sorrow,

emotional pain, depression, and even death. The spasmodic seeking of catharsis could materialize in hazardous and self-harming behaviors, and even close-to-death experiences.

DISCUSSION

Terminus syndromes are heterogeneous conditions influencing young people and are expressed as patterns of thinking that are associated with extreme behaviors. Terminus syndromes, implicitly or explicitly based on a certain kind of junk information (garbage information), are available in the worldwide information network. These syndromes are some miscellaneous products of the market and the globalized information. They are a direct consequence of the uncontrolled liking feedback of the "prosumer" market. People may have to deal with the terminus syndrome, due to an intrusive and damaging market attitude, overlapping their pathways and personal life choices. Terminus syndrome highly matches the existential crisis, collective ignorance, impulsivity, and their need for challenging themselves to "get the buzz". They can be more easily susceptible to the new trend fascination with terminus syndromes. Frail people, who face a phase of existential uncertainty, are keener to develop this complex phenomenology. Terminus syndrome proposes an immersive influence of simple information yet dangerous and harmful. It comes out as a swift solution to intricate problems and social stasis.

Terminus syndrome arises as an effective response, however resolving: officially, these tasks don't require an absolute adhesion, time is fragmented, the frantic consumption of these behaviors provides for the removal of responsibilities, guilt feelings, and any consequences. They only consider pleasing and thrilling aspects and the challenge of social rules and escapes from boredom. The terminus syndromes may occur in the defined ways, herein described, or have even a mixed manifestation. It often happens that a behavior collects more drives (gambling, hazardingly conducted, contagion from the Internet, search for an extreme catharsis, etc.). In this case, the forms tend to contain and adapt more than a single psychosocial phenomenon. Adolescents and adults may suffer from terminus syndrome for several reasons. Each one of them depends on different products, age gaps that in post-modern culture are unenforced and downsized. In any case, we found out some substantial differences among adolescents.

Adolescents/young adults

If there's any talk of adolescents and preadolescents, the prerequisite is purposeless research that includes everything. Among the explanations, identified on some web sites, young people report mythological immortality, inclination to test or exceed their physical dimension beyond all pale, a disturbing heritage, perceived like an indefinite cage, a sort of limitless grandstanding fun.

Following these reasons, they take on some high risky challenges and destructive behaviors. Terminus syndrome description might fit some young people because of an imitation and integrating boost, even if sometimes it can be a solitary impulse as the frank demonstration of post-modern identity disruption. Their identity is fluid, incompressible, and exclusively “functional”; it changes according to their needs. It is “fictional”. The common point, the pervasiveness, and the sharing “quid” is the medium: the social media. They feel “Real Life” and everything that happens out with medium is unreal, negligible, and without consequences. Many adolescents aim to blend into the medium. Some are born with a high level of hybridization, a new “somatictechnicity” (Trek, 2013), (Sullivan, Murray, Somatictechnics: Queering the technologisation of bodies, 2016). Their neuronal structure is already changing compared with previous generations (ref. Neuroscientific studies focused on different axonal structures and increasing visual impulses transfer rate.) The blatant phenomenology sees them aiming to be everything or nothing following an “immortality” new model, a fascination for their enterprise sharing, and surrendering to the virtual world/cyberspace. Interviewed about their motives, they can't justify or explain their preferences and behaviors as appropriate. They are driven by survival mechanisms that are their only desirable chance to survive. Through the consciousness submission to the medium, they confuse physical immortality with hybridization as a possible solution. Terminus syndromes-related phenomena, that we analyzed, are context linked massive substances use, disorganized, misuse or with no physiological needs substance use; digital technology misuse, suicide, self-harming behavior; risky sexual behaviors; online/streaming suicide/homicide, risk challenges.

This generation's substance abuse is impulsive, even if the abuse is becoming endemic. Adolescents are fascinated by the rising substance legalization. Indiscriminate and ruthless substances use is strengthened by the wish for experimenting and testing “everything”. The excuse is “seize the day

‘cause life is a rip-off, anyway”. The most abused substances are cocaine and its derivatives, hallucinogens (LSD, DMT, Ketamine, nitrous oxide, psilocybin, etc.), synthetic cannabinoid drugs (spices, K2), synthetic cathinone, the pervasive heroin, and its several combos, novel synthetic opiates, fentanyl, and its derivatives.

Trying to subverting the fundamental principle of survival and the self-preservation instinct, young people experiment with everything that attracts them, not excluding ordinary products (e.g. Douches, potpourri, cleaning products, etc.). They do it for several purposes, such as experimenting with different and altered consciousness states and testing their physical limits. They prefer hallucinogens and their different ways to take them (e.g. eyeballing, rectally, vaginal, parachuting, etc.), the empathogenic substances, alcohol, and drugs ruthless assumption, (e.g. neknomination, binge drinking, drunkorexia). Media and scientific literature are plenty of intoxicating and toxic shock cases due to this practice (e.g. Tampax bathed in vodka, and then inserted).

Digital technologies misuse is a common antisocial phenomenon frequently reported in societies that have to face new technology development. In particular, digital technologies are spreading fast and adolescents use them as tools to subvert rules, to intimidate, to challenge each other, to disturb (e.g. cyberbullying). They challenge themselves with many alcoholic units intake (binge drinking); they put their lives in danger with life challenges (killer/daredevil selfie: extreme dangerous selfie, before or in the meantime of a violent hetero or self-directed conduct). They behave like arena gladiators. The observing audience can determine a subject's fate, like an impromptu reality show.

Self-harming behavior is a complex phenomenon. It sets into trends intersections, attention, and visibility seeking dedicated games. Such dangerous games allow exercising a kind of virtual power, but the damages are real. Several self-harming “tutorials” are available. Those show mainly young girls (female beings are more likely to commit these acts.) explaining to many followers how to perform a certain kind of cut and/or mutilation, etc. The subsequent remarks are wide-ranging. There are mainly excited copycats, but there are also some hatred, scorn, and aggressive commentaries, although less.

Risky sexual behavior concerns sexual practices designed to get hurt or to provoke social damage (Russian sex roulette, forced penetration/erotic chat).

Online and streaming, suicide is massively represented. There are dozens and dozens of reports on YouTube and Periscope, of adolescents and pre-adolescents committing suicide. Worldwide suicide has the purpose of spreading an extreme form of confidence. Ironically, it is often about the pursuit of a certain kind of "immortality passport". The suggestion to kill, or kill and commit suicide is spreading at a fast pace. Such behavior, including emulation, concerns governments. The psychopathological approach frames this behavior in a classical psychopathological perspective, "some subjects show personality or impulse control disorders", they say. Actually, except for striking cases, they consider this behavior spreading as a trend, rather than a preeminent psychopathological phenomenon. Furthermore, the undergrowth is not so easily detectable, and it makes terminus syndromes quantitatively underrated, thereby distorting the phenomena's scale. These behaviors are becoming endemic. It is abundantly clear that our clusters and landmarks are now inappropriate to understand these complex social phenomena.

Risk-taking behaviors implemented to achieve some specific purposes, testing their limits and their fears with risky/hazardous challenges such as the cinnamon, eraser, choking, fire, salt and ice challenge, Dutch tape challenge, Kylie challenge, etc., all extremely dangerous and potentially lethal, on YouTube and Snapchat widespread).

Adults differ from adolescents and young adults for the fascination that modern culture is putting on them. Adults are involved in defeat death and old age or searching for a form of transcendence and explanations. From this perspective, to get in touch with the terminus syndromes, adults have to simplify, liquefy, or even perform a decommissioning process of their structure and prior maturity. Sometimes, they also have to develop and test various achieving through bluntly perverse and antisocial forms, far away from their lifestyle.

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The phenomena due to adult terminus syndromes that we analyzed are fideistic affiliation

processes; [37, 50], extreme body modifications; violent hetero/self-directed behaviors; online /streaming homicide, total catharsis risks, indebtedness searching.

Fideistic affiliation - - we are dealing with more or less inclusive and immersive enrolments. They are incorporated in alternative contexts, far from their native culture and education (new cults and sects, pseudo philosophies, bizarre practices linked). Moreover, new cults occur at a pyramidal corporative structure and organization. They often have a messianic component, and the adept has to follow strict social rules, including standing up to the new order, funding their corporative activities. We can describe it as a "market in which people seek alternatives that best satisfy their religious needs." A certain kind of "spiritual supermarket", where the use and consumption of these new "holographic religions" are pure projections of their current consuming needs. Allegedly, it shall retain a traditional structure like all the post-modern structures, they are a simulacrum, hollow and meaningless representations.

Extreme body modification - (dissection, excision, complete transformations) is spreading and fascinating in a particular age range (25-45 years). They feel deprived of their past and without any meaningful future. They live a sort of experience of the present, isolated from its connection with the past and the future. In such a context, they try to achieve a new status and a new identity. It is a kind of self-imposed mutation, which could better adapt to the post-modern magma. They don't fit with "somatechnicity" (Nancy, 2016) for age-linked reasons, but they aim to become a new kind of deity, a personal, self-centered, and custom made one. The adhesion to weird and dangerous sects and the new-millennarianism phenomenon are almost exclusively phenomena of 22-55 aged groups. Such as extreme body modifications involving this age range. There are several reasons: the need for integration in the new context, the urge to find a new identity, increasing economic chances.

Online /streaming homicide is about participating in or attending some risky and hazardous games. These games are often organized by criminals or by unreliable people. Through some coercion mechanisms and psychological manipulation, they recruit participants to games and challenges. The age varies between 9 and 20 years, both among the participants and among the recruiters.

Terminus syndromes could cover more meanings and more dynamics. From a general point of view, we can refer to terminus syndrome as a misa-

alignment between information and directions and purpose understanding ability. We have also noticed that western societies suffer from a narrative crisis. It is the lack of narratives that prevents them from keeping together. Globalization consists of information flows and rapid changes in the territories. The resulting “errors” or “cultural system bugs” represent such complexity. Such complex behavior meaning, development, and durations are difficult to predict. Perhaps, we will have to wait for further organizational developments from globalized societies to understand the deep meaning and the future directions of phenomena like terminus syndromes

CONCLUSION

We conclude that terminus syndromes are widely spread specifically among juvenile populations of post-modern society. We focused on age range distinctions and similarities (attributable to adolescents, pre-adolescents, and attributable to adults), and relatively closed or separated community terminus styles. The hazardous conducts (or terminus) identified in this study are a list of collective or single behaviors from post-modern society original products. They emerge, more or less spontaneously or voluntarily by the flows of social complexity. We have demonstrated that wrong or dangerous narratives have easy access to young people's minds, causing confusion, dizziness, and debilitating consequences for the exposed consumer. Psychiatry should take care of the effect that technologies, and markets produce on mental health.

Research's limits

In fact, the World Wide Web competently and qualitatively characterizes the terminus syndrome, however, some of its manifestations may be overlooked and not studied. Moreover, postmodern flows may become the reason for the emergence of some other manifestations of the terminus syndrome that we have not considered. We have analyzed the results of works on this topic in English, Spanish, French, and Italian. To expand the volume, depth, and accuracy of knowledge about the terminus syndrome that correspond to reality, it is necessary to study the publications of authors from other countries (South Korea, Japan, China, India, Russia, etc.).

Future research and objectives: To supervise terminus syndromes to increase awareness of “seemingly random” social transformation that comes from.

CONFLICT OF INTEREST

The author declares that there are no obvious or potential conflicts of interest in connection with the publication of this article.

COMPLIANCE WITH ETHICAL PRINCIPLES

The study performed is of a review nature (analysis and systematization of published data), and therefore does not require approval from the local ethics committee.

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